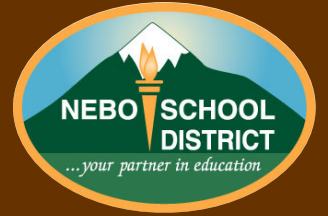


LET
IT
SHINE!



Nebo News



VOLUME II ISSUE I

OCTOBER 2012



NEBO SCHOOL DISTRICT'S SPECIAL POINTS OF INTEREST:

- Nebo District has over 30,500 students 2012-2013.
- Nebo District has over 4,200 employees.
- Nebo District is the 7th largest district in Utah.
- Nebo District is the 5th largest employer in Utah County.

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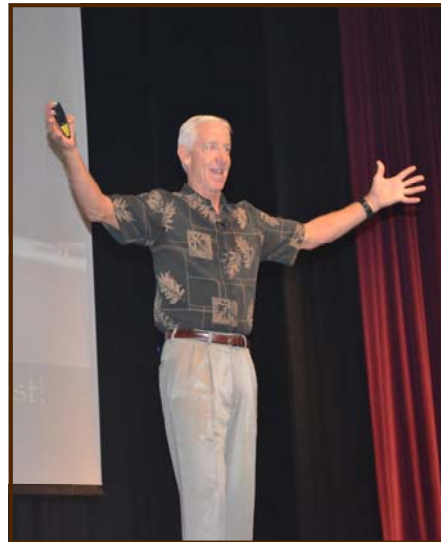
“LET IT SHINE!”

Recharge, Re-energize, & Refocus

Be the Bright Light in Your School



Honored Tim & Bliss Moran for dedication & service to education



Murray Banks

murray@murraybanks.com



Chris Riley, Nebo School Board member, addresses Nebo Educators about having a “Pollyanna” attitude



Superintendent Rick Nielsen speaks on: “Let It Shine” and “Positive Energy”



Honored Clea Comte Kindergarten Teacher at Barnett

You create the weather. You make the climate.

The first day of school

The first day of the week

The first minute of your class

Success in your school will require a Lava Lamp philosophy

*“Lava Lamp leaders are always changing; they are agile, resilient, Innovative, imaginative, clever flexible, and adaptable.”
by Murray Banks*

Avoid the comfort zone. . . Always learn, change, adapt.

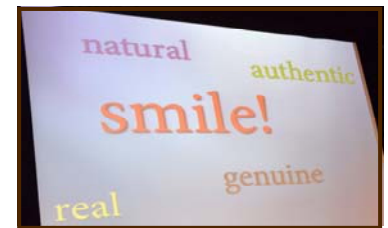
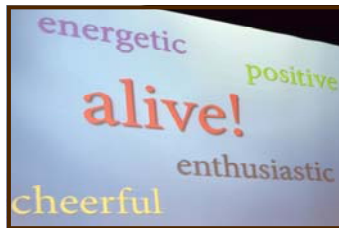
Stay resilient, agile & responsive.

Watch out for “Psychosclerosis” (Harding of the attitude.)

Be a leader for innovation, imagination, and trouble-shooting.

When things don’t turn out as planned, stay focused.

“The illiterate of the future are not those who cannot read and write, but those who cannot learn, unlearn, and relearn!”



Who you are may be as important as what you know

Pressure & fatigue alter our persona, which affects interaction with colleagues & students.

Your leadership can set the tone for morale, focus, and teamwork among colleagues.

Energy, enthusiasm, optimism, and humor are contagious.

“If you do not have enough positive energy that is contagious, whatever you do have is also contagious.”

*“CAVE Dwellers are the folks who are Consistently Against Virtually Everything!”
By Murray Banks*

Your life comes to school with you and leaks out

When the pressure is on and for high performance, keep your balance.

Your wellbeing affects our stamina, energy, attitude & ability to focus.

Eat smart for alertness & energy, workout for stamina & toughness.

Laugh, have fun, & recharge daily.

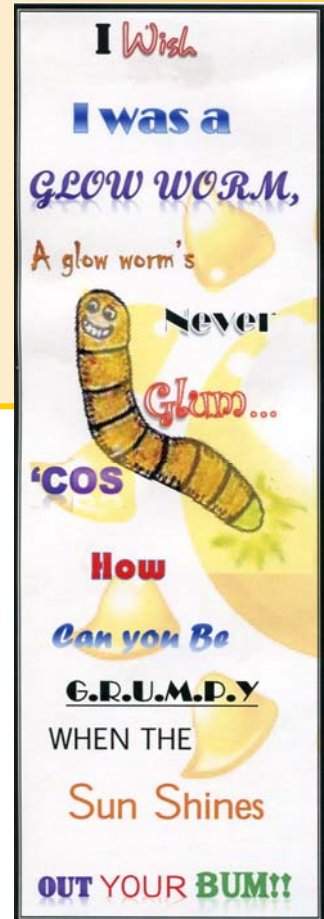
“You can tell a lot about a person by what they take two at a time, pills or stairs.”

At your best, so your students can be at their best

Be a force for camaraderie, spirit, & teamwork



- To every challenge, look for potential solutions.
- Colleagues appreciate problem solving and trouble-shooting.
- Never allow “G.G.” (group griping) among your colleagues.
- Be on time, be diligent, be cheerful — work hard, have fun!
- Make interactions with colleagues positive and energetic.
- “A positive attitude may not solve all your problems, but it sure will annoy enough people to make it worth the effort.”



How you communicate is just as important as what you Communicate

- Your communication style determines who wants to listen.
- Interact with students as many ways as possible.
- Perhaps an evening Skype test prep?
- The little things matter: tone of voice, body language, & expression.
- “The disposition of leaders become the disposition of the organization.”

Create a positive climate and atmosphere

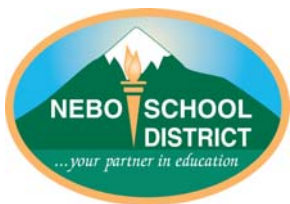
- Create an appealing environment in your classroom — make your room come alive.
- Start classes with positives.
- Continually reinforce effort, progress and achievement.
- Interact frequently with our colleagues spreading the positive vibes.
- “When you are going through Hell, keep going!”

What you focus on . . . EXPANDS

- Focus on, “The openings, not the obstacles” — solutions not problems.
- Optimism is powerful and spreads easily.
- Use the “10/90” Rule to reach goals — 10% problem, 90% solution.
- “Tenacity is easier when you have no choice.”

Use the Richter Scale of stress with problems

- “Is this issue a 10 or a 2? Give it a number; then, give it the energy it deserves.
- Keep the focus on the big issues — don’t let people waste time on minor ones.
- “The main thing is to keep the main thing, the main thing.”



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Nebo District's Celebrations:

Students:

More than \$7.3 million was given in scholarships to our graduates this past year

Advanced Placement (AP) Students, in 37 different classes, earned 4,492 college credits

Nebo's Career & Technology students passed 6,072 Skill Certification tests

Haley Green, MJHS, won First Place at CUSEF in the life science competition & is a semi-finalist.

Robert Nay, Receives Governor Award for Bubble App invention

Grant LaMont, MMHS, represented USA and placed 10th in Greco Roman Wrestling at the World Championships

SHHS Selected Best Secondary School in Utah Valley by the Daily Herald

MMHS wins Battle for the Valley for Best Fans

Sara Cook, MMHS, wins a gold medal in Early Childhood in National FCCLA competition

Employees & Programs:

Karen Cloud, Mt. Nebo Jr., selected to participate in National Institute of Standards & Technology

Miss Holley, Spanish Fork Jr., received the Master Teacher of the Year award from Utah Advisory Council of Theatre

Joseph Anson, Spanish Fork Jr., was awarded Veterans of Foreign Ward National Citizenship Education Teacher Award

Sharon Foster, Special Education Preschool Teacher at Cherry Creek Elementary, was awarded KOSY 106.5 Teacher Award

If your successes are not listed above, please get awards to iana.hiskey@nebo.edu with Award Nebo News in the subject line. (I may pull items off your school website if time permits.)

For the rest of the story on these celebrations, please go to www.nebo.edu or the school's website.

Remember Murray's YouTube clips. . . With additional clips added

Herding Cats — The challenge of leading creative colleagues
<http://www.youtube.com/watch?v=Pk7yqITMvp8>

Do you know who I am? Student in the exam hall
http://www.youtube.com/watch?v=_CqgnZhb-Q

Broken Escalator — Don't take the easy way in life
<http://www.youtube.com/watch?v=47rQkTPWW2I>

Piano Stairs — Creativity
<http://www.youtube.com/watch?v=hMOQHsWfOB4>

Rubbish Bin
<http://www.youtube.com/watch?v=r5x7xoB8NW4&feature=related>

Old Couple Steering Wheel — Always be ready for anything
<http://www.youtube.com/watch?v=JIUHd4qrAGQ>

Danny Macaskill Inspired Bicycles
<http://www.youtube.com/watch?v=Z19zFIPah-o>

Reebok — Terry Tate Feltcher Corporation office motivation
<http://www.youtube.com/watch?v=tbSpAsJSZPc>

The Power of Words — Blind man
<http://www.youtube.com/watch?v=YfNO3rd1Pcg>