

NEBO SCHOOL DISTRICT'S SPECIAL POINTS OF INTEREST:

- Nebo District has approximately 33,000 students in 2018-2019.
- Nebo District has approximately 4,500 employees.
- Nebo District is the 6th largest district in Utah.
- Nebo District is the 5th largest employer in Utah County.

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Superintendent's

“Rules of the Red Rubber Ball”



1.

COMMIT TO IT

“It requires commitment to pursue your life’s work despite the naysayers; commitment to stick to it in the face of discouragement; and commitment to stay the course despite road blocks.” (p.50)

2.

SEEK OUT ENCOURAGERS

“You must build relationships with people who have a genuine interest in you and appreciate your commitment.” (p. 55)

3.

WORK OUT YOUR CREATIVE MUSCLE

“Look at the world with the innocent eyes of a child by approaching everything in your life with wonder, not assumption. Be playful, not always serious.” (p. 65)

4.

PREPARE TO SHINE

“Each day is an opportunity to live out your life’s work. There will be quiet moments as well as defining moments, which – if you shine – will propel you, further than you ever imagined.” (p. 69)

5.

SPEAK UP

“Take calculated risks that call upon your knowledge, creativity and courage to say yes when others say no, or no when others say yes.” (p. 78)

6.

EXPECT THE UNEXPECTED

“The more you prepare and work for your red rubber ball, the more coincidence you will likely encounter. So look out for and have faith in the unexpected twists and turns of life.” (p. 89)

7.

MAXIMIZE THE DAY

“Run after your red rubber ball today, and every day it will become your future. (p. 95)

**“THAT’S IT. SIMPLE ENOUGH. SEVEN RULES AND A RED RUBBER BALL.”
ENJOY THE CHASE!**

Kevin Carroll clearly impacted each of our lives with his personal story and his inspiring Rules. There was no better way to conclude this amazing school year, other than to review his powerful message.

Thanks to each of you for your outstanding service to our Nebo students, staff, and community!

Nebo District's Retirees for 2019

Dates to Celebrate:

May 1-31

Asian Pacific American Heritage Month

Better Hearing and Speech Month

National Physical Fitness & Sports Month

May 1-7

National Physical Education and Sports Week

May 3

School Lunch Hero Day

World Press Freedom Day

May 6-10

National Teacher Appreciation Week

May 5

Cinco de Mayo

May 7

National Teacher Day

May 8

National Bike to School Day
National School Nurse Day

May 12

Mother's Day

May 12-18

Food Allergy Awareness Week

May 18

Armed Forces Day

May 27

Memorial Day



Debbie Ainge, Transport, Child Nutrition, Salem Jr. High, 20 yrs.
Debra Allen, Finance Secretary, Payson Junior High, 21 yrs.
Nanette Black, Child Nutrition, Spring Lake Elementary, 14 yrs.
Jim Blackett, General Maintenance Assistance, District, 8 yrs.
Maureen Brereton, Secretary Tech., Orchard Hills Elem., 16 yrs.
Denise Bufton, Attendance Secretary, Spanish Fork Jr., 20 yrs.
Nedra Call, Curriculum Director, District Office, 35 yrs.
Teresa Chang, Teacher, Cherry Creek Elementary, 30 yrs.
Lynette Christensen, UCBT Tech., Bridges/Summit, 19 yrs.
Deana Coates, Teacher, Instructional Coach, District, 31 yrs.
Nancy Crombie, Bus Attendant, Transportation, 7 yrs.
Valerie Kaye Ellis, Bus Attendant, Transportation, 25.5 yrs.
Launa Gonzales, Transport, Child Nutrition, Park View Elem., 17 yrs.
Margaret Gonzalez, Bus Driver, Transportation, 27 yrs.
Thurza Gordon, Finance Secretary, Spanish Fork High, 20.5 yrs.
Sharon Hales, Secretary, Legacy Program, 22 yrs.
Georgia Hancock, Teacher, Mt. Loafer Elementary, 11 yrs.
Laurie Hansen, Teacher, Salem Hills High, 30 yrs.
Roxann Hoffman, Secretary, CTE District Office, 32 yrs.
Ralph Jamsa, Counselor, Salem Hills High, 32 yrs.
Cliff Jex, Supervisor, Transportation, 40 yrs.
Suanne Jones, Vision Specialist, District Wide, 21 yrs.
Janet Kelley, Sp. Ed. Tech./Para Educator, Barnett Elem., 25 yrs.
Carollee King, Child Nutrition, Spring Lake Elementary, 26.5 yrs.
Kelly B. Lewis, Bus Driver, Transportation, 16 yrs.
Dave McKee, Principal, Spanish Fork High, 35 yrs.
Lenna Mendenhall, Instructional Technician, Bridges/Summit, 28 yrs.
Melony Mortensen, Finance Secretary, Maple Mountain High, 26 yrs.
John Plaisted, Counselor, Payson Junior, 28 yrs.
Sherry Plaisted, Facilitator, Brockbank Elementary, 32 yrs.
Kathryn Roberts, Teacher, Spanish Fork High, 16 yrs.
Gillian Sayers, Teacher, East Meadows Elementary, 14 yrs.
Michelle Sepos, Teacher, Payson Junior, 15.5 yrs.
Lisa Simmons, Teacher, Springville High, 32 yrs.
Richard Stephenson, Bus Driver, Transportation, 12 yrs.
Cynthia Sumsion, Teacher, Taylor Elementary, 36 yrs.
Lori Thomas, Teacher, Maple Mountain High, 30 yrs.
Ruth Wilder, Teacher, Summit Center, 19 yrs.
Colleen Wilson, Teacher, Payson Junior, 17 yrs.
Linda Woodfield, Teacher, Mapleton Junior, 10 yrs.
Bonnie Wright, Child Nutrition, Salem Jr./Spanish Fork High, 18 yrs.
Michele Youd, Child Nutrition, Park Elementary, 24 yrs.
Gloria Young, Secretary, Taylor Elementary, 33 yrs.

Student Celebrations

SHHS, Drama State Champions!

SFHS, 4A Drill State Champions!

SHS, Individual State Champions:

Cameron Green 200 yd. Freestyle

Cameron Green 100 yd. Backstroke

Freestyle Relay—**Alex Lanier, Austin Mertz,**

Braxton Armstrong, Cameron Green

PHS, 4A Wrestling State Champions!

Individual Wrestling State Champions:

Merrell Morley, SHHS, 182 lbs.

Chyler Zeeman, SHHS, 160 lbs.

Tyson Carter, PHS, 170 lbs.

Employee Celebrations

Veronica Solorzano, Mt. Nebo Jr., selected State LIA Teacher of the Year.

Gregg Smith, MMHS, selected State Teacher of the Year by UEA, KeyBank, & doTERRA.

Jared Massic, MMHS, selected Huntsman Award for Excellence.

Julie Peery, Principal, Mapleton Elem., selected as Instructional Leader of the Year by the UAESP.

Jethro Gillespie, MMHS, earned Elliot Eisner Doctoral Research Award.

Bart Peery, SHHS, honored as Utah PTA Outstanding School Administrator Award.

Nebo Graduations:

Monday May 20

Landmark High, 2:00 p.m., SF Rodeo Grounds

Wednesday, May 22

Maple Mountain, 10:00 a.m., UVU

Payson High, 2:00 p.m., UVU

Salem Hills High, 6:00 p.m., SHHS

Thursday, May 23

Spanish Fork High, 10:00 a.m., UVU

Springville High, 2:00 p.m., UVU

Legacy, 7:00 p.m., Summit Center

Nebo District's Theme for 2019-2020

Nebo School District is excited to announce **Courtney Clark** as our Keynote speaker next year. "Courtney Clark is the luckiest unlucky person in the world. At age 26, Courtney beat melanoma. But five years later, routine follow-up scans found an aneurysm in her brain that was close to hemorrhaging. She is . . . the author of two books on resilience – *The Giving Prescription*, and *The Successful Struggle: Powerful Techniques to Achieve Accelerated Resilience*.

"Courtney speaks to organizations and businesses that want to adapt faster and achieve more by creating a culture of Accelerated Resilience™. Her presentations are designed to help you adapt when the stakes are high and life doesn't go according to plan."



May 2019 PEAK Awards

To read the nomination submissions, go to May 2019 PEAK Awards: <http://www.nebo.edu/news/2813>. To submit a PEAK Award nomination, go to employee page and scroll down, or go to: www.nebo.edu/PEAK.



Nominated by: Alan Ashton & Reese Brunson
PEAK Award: Don Remy, Tech. Engineer, District Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Molly Murdock & Sara Matis
PEAK Award: Stacey Hall, Secretary, Maple Ridge Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Ryan Kay & Douglas Loveless
PEAK Award: Talie Roundy, Custodian, Maple Mt. High Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Jen Gasser & Amy Darrington
PEAK Award: Tonya Painter, Teacher, Rees Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Jennifer Cornwall
PEAK Award: Jennifer Baker, Teacher, Park View Elem. Board President Christine Riley, Superintendent Rick Nielsen



Nominated by: Alesha LeMmon, Jentry Youd, Heather Gross, Susan Fay, Shannon Hales, Travis Palfreyman, Melissa Nielson
PEAK Award: Matt Christensen, Principal, SF Junior Board President Christine Riley, Superintendent Rick Nielsen



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If your successes are not listed, please get awards to iana.hiskey@nebo.edu with Award Nebo News in the subject line.



The "Nebo Hero" logo consists of the word "Nebo" in a large, bold, dark blue font with a mountain silhouette, and the word "Hero" in a large, bold, dark blue font below it.

BE A **Nebo Hero**

RaShel Shepherd & Kevin Mecham, Administrators, Payson High, "I noticed a group of students picking up trash. As I looked closer, RaShel & Kevin were picking up trash right along with the students. Thanks administrators for taking pride in PHS." Recognized by Vanessa Schmidt.

Kelly White, Teacher, Brookside, "She performed the Heimlich Maneuver which saved a student's life that was choking on a piece of candy. Thank you for being trained and prepared to help a student." Recognized by Dana Beckert.

Sonia Fernandez, ESL Tech., Spanish Oaks, "She is an absolute miracle. She bridges the gap for many students and communicates important information." Recognized by Kali Brown.

Tiffany Litchfield, Teacher, Westside, "She is a team lead and amazing role model. She has positive energy and is willing to volunteer for anything." Recognized by Deanna Herrmann.

Amy Winsor, Child Nutrition, Canyon, "She is super optimistic. She helps students and teachers with anything needed. It is a privilege to work with Amy." Recognized by Angie Perkins.

Hayden Johnson, Custodian, Cherry Creek, "Two weeks prior to school starting, the building was torn apart. Hayden never panicked and put a plan in place. He had the school perfectly ready. He can fix anything and is so positive." Recognized by Mike Duncan & Frank Daybell.

Scott Shaffer, Teacher, Salem Jr., "He goes above and beyond getting to know students. He makes our special education students feel welcome." Recognized by Melissa Page.

Stephanie Richards, Teacher, Sage Creek, "She is so welcoming and provides amazing service and commitment to students. She creates cement bowls that take months to cure for each of her students to paint for Utah History." Recognized by Shavon Mousser.

Jessica Young, Teacher, Spanish Oaks, "She is exceptional and fiercely loyal to her students. She is dedicated to her team and thoughtful in her practice." Recognized by Kali Brown.

David Packard, Sweeper, Santaquin, "He shows up with a smile and will help with whatever we need. He is positive, dependable, punctual, and responsible." Recognized by Dayna Vernon.

Pamela Tippetts, Teacher, Diamond Fork Jr., "She works hard and sings in the hall. She exudes wit, humor, and caring. She is positive and takes on tough tasks with a smile." Recognized by Susane Anderson, Brenda Burr, Todd Claybaugh, Rhet Rowley, Janeen Scott, Mike Sorensen, James Clark, Calleen Spencer, Dennis Olsen, Blair Bingham, & Pam Barber.

Lisa Woods, Child Nutrition, Mapleton Jr., "She is a positive person and happily helps wherever needed. She is patient, kind, and friendly to our student workers." Recognized by Mary Erikson.

Chelsea Porter, Teacher, Park, "She works hard to make Park an inviting and happy place to be. Her lessons and activities are always so amazing." Recognized by Heather Jones & Gabriel Hoffman.

If you have noticed any wonderful people or experiences that need to be recognized, please email them to iana.hiskey@nebo.edu.