

Join Us  
Mints



# Nebo News



VOLUME III ISSUE VI

FEBRUARY 2014

## NEBO SCHOOL DISTRICT'S SPECIAL POINTS OF INTEREST:

- Nebo District has over 31,000 students 2013-2014.
- Nebo District has over 3,500 employees.
- Nebo District is the 6th largest district in Utah.
- Nebo District is the 5th largest employer in Utah County.

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## How to Make Your Voice Count

We have received questions about the **caucus system** and how to have your voice count. This year there are over **100 education bills**. Many of these will affect you. Following is a guide to help ensure your voice is heard.

### What is the process?

Neighbors gather in March of an election year in **caucus** meetings to choose representatives from their area who will select candidates for office.

**These representatives are called "delegates."**

Delegates are needed to select both county and state candidates in County Conventions and the State Conventions.

### Tell Me More About Neighborhood Meetings . . .

- ≈ Neighborhood meetings, or caucus meetings are held by a political party, in a local school or other building close to your home.
- ≈ You must declare membership in the Republican Party **to vote** or become a **delegate** in that party's caucus meeting. There are no requirements of declaration for party membership in the Democratic caucuses.
- ≈ Donations are sought, platforms are read, elections are held, and meetings are run by parliamentary procedure.

### What is the Difference Between County and State Conventions?

Delegates selected to attend the **State Convention** may select:

- ≈ Candidates for U.S. Congress from Utah
- ≈ Candidates for Governor, Lt. Governor
- ≈ Candidates for other state offices
- ≈ Some candidates for the Utah Legislature

Delegates selected to attend the **County Convention** may select:

- ≈ Most candidates for the Utah Legislature
- ≈ Candidates for county seats and offices

### Begin Early to Become a Delegate

- ≈ To ensure your eligibility to be a delegate be sure you have registered in the party of your choice.
- ≈ Find out which **voting precinct** you live in and where your caucus meeting will be held.

- ≈ Arrive at your meeting at least 10 minutes early.
- ≈ Greet others as they enter the room.
- ≈ Bring 10-20 neighborhood friends to the caucus who will vote for you.
- ≈ Ask someone to nominate you.
- ≈ Be prepared with remarks and expect some questions/opposition about your views.
- ≈ Speak strongly and be tactful in discussing contentious matters.

### When Should You Begin Your Involvement?

#### February

Watch the legislative proceedings & make contacts with legislators to voice your view

#### March

Prepare to become a delegate and attend your local caucus meeting

#### March 18, 2014

#### Democrat Caucuses

<http://www.utahdemocrats.org/>

#### March 20, 2014

#### Republican Caucuses

<http://www.utgop.org/>

### Delegates Have Power

- ≈ Delegates narrow the ballot in every race in Utah; they have extraordinary power to influence the outcome of elections.
- ≈ For the last several years, many races in Utah have been one-party races. Those who are elected by delegates are almost assured a win in the general election.
- ≈ Candidates for office in Utah can focus on getting the delegate vote and then may give less attention to the general public during or after the campaign.

### How Can I Become A Delegate?

- ≈ Plan to attend the caucus meeting and plan, ahead of the meeting, to be nominated by a friend or neighbor.
- ≈ Bring many friends and supporters with you to the meeting so they can vote for you and for reasonable platform language. Prepare brief remarks to introduce yourself and provide information about why you wish to become a delegate.

### Why Should I Become a Delegate?

*Candidates get to know **you**. They get to meet with **you** personally and ask **you** questions. **You** have the candidate's attention, because **you** ultimately could make or break their candidacy. They will seek **you** out and **you** can influence their views on issues.*

*Where Your Vote Counts Most continued on back page*

## Dates to Celebrate

Feb. 1  
National Freedom Day  
*Commemorating the end of slavery on the date of passage of the 13th Amendment in 1865*

Feb. 1-28  
National Black History Month  
American Heart Month  
Dental Health Month

Feb. 2  
Groundhog Day

Feb. 3-7  
School Counseling Week  
International Friendship Week

Feb. 7-16  
2014 Winter Olympics

Feb. 11-17  
Random Acts of Kindness Week

Feb. 12  
Abraham Lincoln's birthday

Feb. 13  
World Radio Day  
*Designated by the UN to recognize the power of radio*

Feb. 14  
Valentine's Day  
Susan B. Anthony Day  
*Celebrating the birthday of the women's rights leader and the adoption of the 19th Amendment (for women's suffrage) in 1920*

Feb. 17  
Presidents' Day

Feb. 20  
Love Your Pet Day

Feb. 22  
George Washington's birthday

## February — Charitable Giving

The Charitable Giving campaign, "Spread the Sunshine" is a great way to donate to great causes. This year's campaign includes the opportunity to give to United Way, Nebo Education Foundation, Community Shares Utah and Community Health Charities. The most effective way to give is through payroll deduction. Last year's campaign brought in \$5,394 in new payroll deduction donations and another \$463 in one-time donations. We thank you for your contributions. Our goal this year is to double those donations so that more people who truly need our help can be served.

This year's Charitable Giving campaign begins on February 6 with a kick-off meeting for Charitable Giving Representatives. Secondary schools' reps will meet on February 6 in the Board Room at 3:15 p.m. Elementary schools' reps will gather in the same place at 3:45 p.m. The campaign in your schools and workplaces will run February 10-28. If you have been the recipient of charity, please consider offering to help your building rep to "Spread the Sunshine".

*-Provided by Troy Bohling, School Services Coordinator*

Employee Letter of Intent is due February 13, 2014. Turn it in to your administrator.

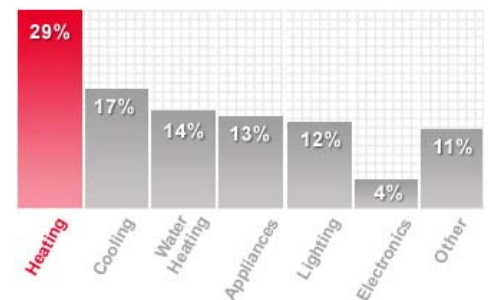
## 10 Easy Ways to Save Money & Energy at Home

1. Set water heater temperature no higher than 120 degrees.
2. Drain one to two gallons of water from bottom of water heater each year to reduce sediment build up.
3. Only do full loads of laundry. If you must do smaller loads adjust the water level in washing machine to match the load size, especially when using hot water.
4. Set refrigerator temperature to 34-37 degrees and freezer temperature to 0-5 degrees.
5. Use cold water for garbage disposal.
6. Ensure that all new appliances are Energy Star approved.
7. Set thermostats at 76 degrees in summer and 68 degrees in the winter
8. Change HVAC filters at least twice a year,
9. Turn off unnecessary lighting.
10. Replace any light bulb that burns more than one hour per day with its equivalent compact fluorescent bulb. LED is also a good choice but the initial cost of the lamp can be 4-7 times more than a compact fluorescent lamp.

*-Provided by Energy Specialists, Russell Maughan & Bodie Bradley*



Where is your energy used at home?



### Nebo's Mission

is to provide each student with quality instruction, learning opportunities, and educational environments which inspire classroom success, personal excellence, and responsible citizenship.

## National School Breakfast Week

Nebo School District is celebrating National School Breakfast Week during the week of March 3-7. We are inviting all students to eat a nutritious and complementary breakfast for free in their schools on Tuesday, March 4. There will also be prizes and an art contest for students in the cafeterias throughout the week. The 2014 theme for this annual event is "Take Time for School Breakfast". Students experience some of the following benefits when they "take time" to eat breakfast at school:

- ◆ Higher academic scores
- ◆ Improved behavior

◆ Reduced tardiness and absence  
 In addition, busy parents get to enjoy a more relaxing morning while their children enjoy a nutritious meal for under \$2. The Nebo School District encourages families to participate in our school breakfast program. Please visit [www.nebo.edu/food-services](http://www.nebo.edu/food-services) for more information!



## Your Local Legislators

### Representatives

Lockhart, Rebecca D. (R) (64)  
 Speaker  
 blockhart@le.utah.gov  
 801-361-5457

Gibson, Francis D. (R) (65)  
 fgibson@le.utah.gov  
 801-491-3763

McKell, Mike K. (R) (66)  
 mmckell@le.utah.gov  
 801-210-1495

Roberts, Marc K. (R) (67)  
 mroberts@le.utah.gov  
 801-210-0155

### Senators

Henderson, Deidre M. (R) (7)  
 dhenderson@le.utah.gov  
 462 River Cross Road  
 Spanish Fork, UT 84660  
 Cell: 801-787-6197

Hinkins, David P. (R) (27)  
 dhinkins@le.utah.gov  
 PO Box 485  
 Orangeville, UT 84537  
 Home: 435-384-5550  
 Work: 435-748-2828

Okerlund, Ralph (R) (24)  
 Majority Leader  
 rokerlund@le.utah.gov  
 248 S 500 W,  
 Monroe, UT 84754  
 Home: 435-527-3370  
 Work: 435-527-3370  
 Cell: 435-979-7077

## January PEAK Awards Celebrated



Nominator Paul Nelson  
 PEAK Award Eric Ferrin, Math Teacher Spanish Fork Junior  
 Superintendent Rick Nielsen  
 School Board President Rick Ainge



Nominator Kristie McMurdie  
 PEAK Award Joy Maughan, Secretary Maple Mountain High  
 Superintendent Rick Nielsen  
 School Board President Rick Ainge



Nominator Shelia Shaw  
 PEAK Award Kath Bringhurst, Payroll Clerk  
 Superintendent Rick Nielsen  
 School Board President Rick Ainge



Nominator Shannon Hales  
 PEAK Award Katherine Beck, Facilitator East Meadows Elem.  
 Superintendent Rick Nielsen  
 School Board President Rick Ainge



Nominator Anonymous  
 PEAK Award Noralee Bird, Secretary Mapleton Junior  
 Superintendent Rick Nielsen  
 School Board President Rick Ainge



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# Nebo District's Celebrations

**Students:**

Jacob Buhler, SHS, selected Finalist Short Film Category for "Tesha" by the 2014 LDS Film Festival

Kate Baadsgaard, Spanish Fork Junior, wins Martin Luther King, Jr. Essay and Video Contest.

Westley Cook & Jeffrey Roylance, Salem Hills High, and Christopher Taylor, Springville High, selected for the United States Presidential Scholar Program.

Ali MaCall Jenkins, Mapleton Junior, was awarded 1<sup>st</sup> Place in the *Utah Department of Environmental Quality Division of Radiation Control's 2014 National Radon Poster Contest.*

McKenna Bate, Diamond Fork Junior, was awarded National Special Mention in the *2014 National Radon Poster Contest.*

Sage Creek Elementary will host 63 children from Fengtai Elementary China and will celebrate the Chinese New Year.

**Employees & Programs:**

Author Virginia Euwer Wolff will visit PHS on February 20

Larsen Elementary was chosen as the Cool School of the week by Fox 13 News. Congratulations!



Ali MaCall Jenkins' Poster



McKenna Bate's Poster

## Where Your Vote Counts Most

*Your vote carries more weight at a caucus or convention than on election night!*

