

# Nebo News



VOLUME IV ISSUE III

### NOVEMBER 2014

### NEBO SCHOOL DISTRICT'S SPECIAL POINTS OF INTEREST:

- Nebo District has approximately 32,000 students 2014-2015.
- Nebo District has over 3,600 employees.
- Nebo District is the 6th largest district in Utah.
- Nebo District is the 5th largest employer in Utah County.

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# BE THE MAGIC

## "HAVE FUN WITH THE JOB"

The Happiness Advantage, by Harvard professor Shawn Achor, is touted as, "A must read for everyone trying to excel in a world of increasing workloads, stress, and negativity. [It] isn't only about how to become happier at work. It's about how to reap the benefits of a happier and more positive mind-set to achieve the extraordinary in our work and in our lives."

It turns out that Harvard was a perfect place to observe and study what separates happy people from unhappy people. One would intuitively think that students at Harvard would be happy. They are, after all, some of the best, brightest, most privileged students in the world. However, Dr. Achor writes, "That even though many of my students saw Harvard as a privilege, others quickly lost sight of that reality and focused only on the workload, the competition, the stress. ... They felt overwhelmed by every small setback instead of energized by the possibilities in front of them."

Several years after making this observation, Dr. Achor, "... visited a school next to a shanty-town where there was no electricity and scarce running water." In response to his question, "Who here likes to do schoolwork? ... 95 percent of the children raised their hands and started smiling genuinely and enthusiastically."

These two experiences led Dr. Achor "... to realize just how much our interpretation of reality changes our experience of that reality. The [Harvard] students who were so focused on the stress and the pressure were missing out on all the opportunities right in front of them. But those who saw attending Harvard

as a privilege seemed to shine even brighter."

So how does all of this tie in to our theme:

\*\*Pre Macic!\*\*? Dennis Snow teaches us,

"Our jobs and our attitudes about our jobs

[are] vital to the guest experience," and
that "... making the mundane pleasurable is
a real skill, and it's all about attitude." In
chapter four, he shares eight tips for

"Finding the Fun in Your Job" and concludes
by saying, "We all know that work cannot
and should not be a laugh-a-minute playground. But you can still have fun even
during the trying moments by applying
these tips."

Students at Salem Hills High School have been implementing the principles Dr. Achor taught in *The Happiness Advantage* and have told me of the

positive effect it has had in their lives. This same positive effect

can be
experienced
by each of
us as we
implement
Snow's
eight tips
for "Finding
the Fun in
Your Job."



# Dates to Celebrate:

November 1-30

Native American Heritage Month

Military Family Appreciation Month

November 2
Daylight Savings Time ends

November 4
Election Day

November 9
World Freedom Day

November 10-14 National Young Readers' Week

November 11 Veterans' Day

November 15 America Recycles Day

November 17-21 American Education Week AEW online toolkit available at www.nea.org

**November 19**Education Support Professional's Day

Universal Children's Day Proclaimed by the UN to promote mutual exchange and understanding

November 21 Substitute Educator's Day

November 27 Thanksgiving Day



# The Learning Edge Focuses on Gifted & Talented

Nebo School District has been in a partnership with BYU for 30 years along with Alpine, Jordan, Provo, and Wasatch Districts. Included in this ongoing collaboration is the BYU Arts Partnership which focuses on gifted and talented and arts education. The five districts along with the McKay School of Education and the College of Fine Arts and Communications have developed the Annual Administrator's Conference, The Learning Edge, which alternates its focus on gifted and talented and the arts each year.

This year the keynote speaker for the Learning Edge Conference, "Digging Deeper, Reaching Higher," is Ian Byrd, a well renowned teacher and specialist of gifted and talented students. His website <a href="www.byrdseed.com">www.byrdseed.com</a> has ongoing tips from games to how to deal with the high energy gifted student to specific lesson plans to engage the gifted & talented learner. For example, he has a lesson entitled "Create a Holiday" which includes exploring the values around holiday celebrations. Visit his website for this and other excellent suggestions. The conference will be held at the Provo Marriott in November and is ensured to inspire.

# Vote on Tuesday, November 4

Remember to get out and vote on Tuesday, November 4, 2014.

This year there are two School Board seats available. Please know that your VOTE counts for the children of Nebo School District.



## **Social Media to Reach Parents**

Social media is becoming a necessary communication tool for many adults – even a viable news source for some – according to data from the Pew Research Center's Journalism project. Given this data, school leaders may want to add social media to their communication efforts to reach key audiences.

Today, savvy education leaders know to ask, "How can we connect with our community through social media?" rather than, "Should we?" Schools benefit from developing social media accounts.

- Parents in Your School Use Social Media and often depend on it—With an official presence, we can control messages and resolve concerns immediately.
- Social Media Can Assist in Strategic and Crisis Messaging—Important messages can be shared again and again.
- Social Media Can Help Your School Build Credibility—It can build transparent, trusting relationships.

Social Media is fast when speed is a priority, especially in crisis situations.

## **October PEAK Awards**

To submit a PEAK Award nomination, go to employee page and scroll down or go to: www.nebo.edu/PEAK



Nominated by Stephanie Galt
PEAK Award Dana Beckert, Facilitator, Sierra Bonita Elem.
School Board President Rick Ainge, Superintendent Rick Nielsen



Nominated by Patricia Richins

PEAK Award Coral Lee Findlay, Intern Coach, Foothills Elem.

School Board President Rick Ainge, Superintendent Rick Nielsen



Nominated by Gwen Byers, Carol Tanner, Kim Adams, Jamie Christensen
PEAK Award Patricia Sanborn, Dispatch, Transportation
School Board President Rick Ainge, Superintendent Rick Nielsen





Nominated by Marty Davis

PEAK Award Debbie Dockstader, Secretary, Spring Lake Elem.

School Board President Rick Ainge, Superintendent Rick Nielsen



Nominated by Lisa Muirbrook
PEAK Award Caryn Covington, Special Education, Riverview Elem.
School Board President Rick Ainge, Superintendent Rick Nielsen



Nominated by Tammy Strunk

PEAK Award Ryan Pitcher, Principal, Rees Elementary

School Board President Rick Ainge, Superintendent Rick Nielsen



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If your successes are
not listed above,
please get awards to
lana.hiskey@nebo.edu
with Award Nebo News
in the subject line.
(I may pull items off
your school website if
time permits.)



#### Vote Tuesday, November 4, 2014

# **Nebo District's Celebrations**

### **Student Celebrations:**

**Josie Nelson**, PHS, honored as Daily Herald Student of the Week.

**Jamie Wright**, SFHS, honored as Daily Herald Student of the Week.

**Rebecca Morrison**, SHS, honored as Daily Herald Student of the Week.

**Cindy Smith**, MMHS, honored as Daily Herald Student of the Week.

**Kenny Van Ausdal**, Salem Hills, honored as Daily Herald Student of the Week.

**Carolyn Roberts**, Payson Jr., honored as Daily Herald Student of the Week.

MMHS Boys' Golf, State Champions.

Kai Ruiz, MMHS, Overall Medalist State Golf.

SHS awarded the Director's Cup for 4A schools by UHSAA.

**Diamond Fork Jr**. Nebo Cross Country Champions.

**MMHS** Shakespeare, First Place Utah Shakespeare Festival.

**SFJH** Shakespeare, Second Place Utah Shakespeare Festival.

Mt. Nebo Shakespeare, Fourth Place Utah Shakespeare Festival.

MMHS Choir, 20 participants to All-State Choir.

Welding & Fabrication Team, MMHS, Fourth Place Nationally.

SHS Students placed in top ten in individual FFA Contests.

**Leslie Lifferth**, SHS, First Place Dairy Judging Contest.

**Shadoe Holm**, MMHS, FFA Gold Star Nationals in Mechanics.

**Michelle Bobo**, PHS, won State Fair Grand Champion.

## **Student Celebrations Cont.:**

MMHS Marching Band, First Place BYU & CA.

SHHS Marching Band, Third Place at BYU.

SaJHS Marching Band, First Place at Davis.

## **Employee/Program Celebrations:**

**Bruce Elliott**, Park Elementary Kindergarten Teacher, awarded Excellence in Teaching Award.

Mark Van Wagoner, Landmark Horticulture Teacher, awarded the 2014 winner of our Boomer Benefits Scholarship.

**Richard Kimball**, Diamond Fork Jr., honored as Daily Herald Educator of the Week.

**Kirk Wright**, Mt. Nebo Junior, honored as Daily Herald Educator of the Week.

**Catherine Lyon**, Salem Jr., honored as Daily Herald Educator of the Week.

**Courtney Droz**, Springville Junior, honored as Daily Herald Educator of the Week.

Jennifer Ramos, Orchard Hills, honored as Daily Herald Educator of the Week.

**Shane Waters**, Spanish Fork Jr., honored as Daily Herald Educator of the Week.

Park View Elementary starts Student Journalism Club.



Maple Ridge Elementary will be completed for Fall 2015