



Nebo News



VOLUME III ISSUE III

NOVEMBER 2013



Superintendent's Message

NEBO SCHOOL DISTRICT'S SPECIAL POINTS OF INTEREST:

- Nebo District has over 31,000 students 2013-2014.
- Nebo District has over 3,500 employees.
- Nebo District is the 7th largest district in Utah.
- Nebo District is the 5th largest employer in Utah County.

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I am so excited to join with educators, government and community leaders, and parents all across America in support of our Education Support Professionals (ESPs). I echo the sentiment of the National Education Association regarding ESP Day:

"November 20 will mark the annual observance of National Education Support Professionals Day – a time for saluting public school support staff and the contribution they make to public education. The interaction between children, parents, ESPs, and other school staff is vital to the continued success of public education.



"ESPs are often the first people our schoolchildren encounter on a daily basis. They are the people who drive our children to school, help them cross the street, welcome them to the office, provide them a nutritious meal, keep their school buildings safe and clean, and assist them with all aspects of a quality education. ESPs are the unsung heroes of public education. In doing this, they also serve as positive role models for students. ESPs are essential partners in providing great public schools.

"National ESP Day is a good time to celebrate and salute the public school support staff for the contributions they make to our schools and communities every day." I invite our students and employees to honor these wonderful colleagues all year long for their outstanding work, but particularly so on November 20. Even a 'thank you' card would be welcomed and greatly appreciated."

I'm proud to work side-by-side with all of our amazing employees in making a positive difference in the lives of children.

Thank you to our Education Support Professionals!

Resolution: Education Support Professionals Day



Our Nebo Board of Education will adopt a resolution supporting the observation of November 20, 2013, as Education Support Professionals Day, as per official Declaration by Governor Gary R. Herbert.

For more information on ESP Day and supporting our wonderful classified employees, please go to the following link:

http://www.useautah.org/PDF%20Files/ESP%20Day/ESP_2013_Day_Celebration_Guide.pdf

Donation



Debbie Webber, printing specialist at the district office, donated this beautiful Elephant Ear tree for the entry of the board room. Debbie has nurtured Elephant Ear trees since she was 16 years old. This is a start from one of those. Thank you for thinking of Nebo School District and making the office a more healthy place to breathe and a more beautiful place to work.

Dates to Celebrate

- Nov. 1 - 30
Native American Heritage Month
- PTA Healthy Lifestyles Month
- Military Family Appreciation Month
- Nov. 3
Daylight Savings Time ends
- Nov. 5
Election Day
- Nov. 11
Veterans' Day (Honor veterans with a special flag-raising ceremony)
- Nov. 12
National Young Readers' Day
- Nov. 15
America Recycles Day
- Nov. 18-23
American Education Week (AEW online toolkit available at www.nea.org.)
- Nov. 19
150th Anniversary of Lincoln's Gettysburg Address
- Nov. 20
Education Support Professionals' Day
- Nov. 22
Substitute Educators' Day
- Nov. 28
Thanksgiving Day

Scrapbook Sale Nov. 12 -14

Nominate PEAK Award

Do you know someone in our schools and departments who really "gets it" when it comes to exceptional customer service? If so, Nebo School District wants to recognize them for having a positive impact on customers. We are looking for an employee that has Positive Energy and Kindness, that has made a special effort by performing remarkable customer service. All nominations will be reviewed, and qualified candidates will be recognized at the Nebo School District Board meetings. *(Keep nomination secret until announced.)* Please visit our website at www.nebo.edu/peak click on the PEAK Award.



Gimme 5 Wellness Program

1. You can report completion of October's standard challenges. The reporting will only give credit for completion of the Wellness Prize. Go to: <http://wellness.nebo.edu/>, scroll to October, click on the "I did it" on the right hand side. After completing the report make sure you see the confirmation page at the end that says, "This confirms your response has been recorded".
2. November's challenge is "Gimme 5 Emotional Eating Replacements". Going with the theme of "De-stress, not Distress", we are addressing the issue of emotional eating. See full description of writing five emotional eating replacements. Do one each day for 20 days.
3. Preventative screenings will be on November 7. There are plenty of open spots for you to preregister for the Fair on November 7 at Mapleton Jr. High School. See <http://tiny.cc/fair13>. Wait times were short. This is the last chance to do the free biometric screenings. The Health Fair on October 17 was a great success.
4. Congratulations to Salem Hills High team for winning the Salem Witches Run. Wilson took second place, and Spanish Oaks took third place.



First Place Salem Hills High Team



Second Place Wilson Team



Third Place Spanish Oaks Team

October PEAK Awards Celebrated



Ben Cluff, John Carlisle, April Mangum, Connie Mattinson, Charlene Hall, Sara Matis, Janine Smith, Chris Wilson, Brenda Davis, Dave Rowe



Nominator John Carlisle,
PEAK Award Ben Cluff, Custodian Payson Junior
Superintendent Rick Nielsen, School Board President Rick Ainge



Nominator Dave Rowe,
PEAK Award Brenda Davis, Bus Driver Transportation
Superintendent Rick Nielsen, School Board President Rick Ainge



Nominator April Mangum,
PEAK Award Connie Mattinson, Secretary Payson High
Superintendent Rick Nielsen, School Board President Rick Ainge



Nominator Chris Wilson,
PEAK Award Janine Smith, Secretary Maple Mountain High
Superintendent Rick Nielsen, School Board President Rick Ainge



Nominator Charlene Hall,
PEAK Award Sara Matis, Principal Westside Elementary
Superintendent Rick Nielsen, School Board President Rick Ainge



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Nebo District's Celebrations

Students:

State Champions 2nd Doubles team of **Michelle Parrott & Emma Harlan**, MMHS, Tennis Doubles **State Champions!**

Kenny Golding, Second Grade at Salem Elementary, won a scooter & helmet in the Walk More in Four challenge.

Salem Junior High had 27 art students participate in the Utah County Radon Poster Contest.

Jennifer Bate, Senior at SHS, selected to perform with the **Utah Symphony** in the Salute to Youth Concert.

National School Lunch Week winners of "My Favorite Place in the USA" coloring contest: **First Place Bikes** went to **Springville Jr., Foothills Elem., Salem Elem., and Orchard Hills Elem.**

First Place Target Gifts went to **Mapleton Jr., Salem Jr., Payson Jr., Sage Creek Elem., and Rees Elem.**

Employees & Programs:

Jim Griffen, Salem Hills High, was recognized by UEA as **Top Educator 2013**.

Kristel Peterson, sixth-grade teacher at Brockbank Elementary received the **Carol Lynn Ross Debate Award**.

Heidi Whittaker is the Utah Parent Center Parent Mentor for Nebo.

MMHS FFA wins **1st Place** Spanish Fork Chamber Scare Crow contest for Cancer Awareness Bull

MMHS FCLA wins **2nd Place** Spanish Fork Chamber Scare Crow contest for Don't Text and Drive

If your successes are not listed, please get awards to iana.hiskey@nebo.edu with Award Nebo News in the subject line. (I may pull items off your school website if time permits.)

Nebo's Mission

is to provide each student with quality instruction, learning opportunities, and educational environments which inspire classroom success, personal excellence, and responsible citizenship.

Nebo Health Fair

Nebo's last Health Fair is on Thursday, November 7 from 2:00-6:00 p.m. at Mapleton Junior High School. Employees will be able to do the following:

1. Biometric Screening- Select Health and Altius will be doing free screenings. This screening will count toward receiving a Wellness Day or \$50 gift card. You can sign up for a specific time at <http://tiny.cc/fair13> or you can just come. There may be a longer wait time if you do not sign up.
2. Flu Shot- Bring your insurance card (even if you are not covered on Nebo insurance). If you have NO health insurance of any kind, bring a voucher signed by your principal or supervisor. Nebo School District will pay for your flu shot if you are not covered by health insurance.
3. Immunizations- Utah County Health Department will be able to provide you with the immunizations you need to be in compliance with Employee Immunization policy (GBHC). These immunizations are covered by almost all insurance companies. Bring your insurance card even if you are not covered by Nebo insurance. If you have no insurance, you will need to pay for the shots.

This is a great opportunity to check three important jobs off your list!

For more information on our Gimme 5 Wellness program where you can earn a Wellness Day or \$50 gift card visit:

<http://wellness.nebo.edu/>